

Block 3 - Introductory Check-In

This month is an invitation to deeply immerse your sanctified imagination into the story of Jesus's engaging love and courageous solitude and silence we see modeled in Mark 1.

A soul that is truly well practices a regular rhythm of solitude—times when you are entirely unavailable to others. These are practices that allow the clamor of the world to be silenced, and its chaos and swirl to be cleansed by stillness. In such times, you are hidden in the safety of the Father, Son, and Holy Spirit. These are times of conversation and relationship, of death and rebirth, of encounter and process. If you practice long enough, in time they strengthen the spring within you (John 4:13-14), saturating your soul and enabling you to reenter the world with a love that overflows, spilling out as strength and grace for others.

My encouragement to you as you rhythm through these four unique weeks of Block 3, stay steadily rooted in this story from Mark 1. Allow it to be a way of God accessing more and more of you. And if it helps, you might enjoy returning to this piece I wrote celebrating Jesus as the most disappointing person who has ever lived...

<https://becomegoodsoil.com/2019/04/19/the-most-disappointing-person-who-ever-lived/>

For the Kingdom,
Morgan